

High View Primary School

Opportunities to Thrive

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9th October 2026

Dear Parent/Carer

I am writing to let you know that during the week commencing 12.10.26, all year 1 children will be taking part in tasting foods with each of the five basic tastes - sweet, salty, bitter, sour and savoury. This links with our science topic learning about The Human Body and The Five Senses.

We will be tasting a range of foods. We will sort and group foods based on their dominant taste. We will explore how removing a dominant sense can affect other senses. For example, when sight is removed, the children may find it more difficult to identify the food they are eating through smell, taste, touch or sound.

We are a nut-free school and are aware of all of our children's dietary requirements. Be mindful that **it is the responsibility of the parent to inform the school of any changes to their child's dietary needs.**

We will ensure that we inform families of each individual food activity happening in school. When your child joined High View you were asked to indicate consent for food tasting/preparation activities and provide details of any dietary requirements. This information is stored on our school database and we will have access to this information for this event.

Yours faithfully

Miss Bernard and Miss Slack
Year 1 Teachers