

Carshalton Best Start Family Hub Autumn Programme 2026

Tuesday 1st September to Friday 23rd October



MONDAY

Baby Massage

2:00pm - 3:30pm

5 week course for babies birth-16 weeks; booking required

Carshalton Family Hub

Baby & Us - for couples

6:00pm - 7:30pm

0-4 months
4 week course
booking required

Carshalton Family Hub

TUESDAY

Bumps & Babies

9:30am - 11:00am

Bumps to pre-walkers

Carshalton Family Hub

Stay & Play

1:30pm - 3:00pm

0-5 years

Carshalton Family Hub

WEDNESDAY

Elklan Let's Talk

10:00am - 11:00am

18 months - 5 years

6 week course

booking required

Carshalton Family Hub

Peep Learning Together

09:30am - 10:30am

2-5 years

6 weeks course

booking required

Hackbridge Primary School

THURSDAY

Mini Explorers

10:00am - 11:30am

New walkers to

30 months

Carshalton Family Hub

Terrific 2's

Invite Only

Carshalton Family Hub & Children's Centre

Stay & Play

1:30pm - 3:00pm

0-5 years

Carshalton Family Hub

Peep Learning Together

2:00pm - 3:00pm

0-5 years

6 week course

booking required

Riverside Centre

FRIDAY

Early Years

Parents/Carers Group

9:30am - 11:30am, drop-in

on the **1st Friday of the**

month (for families with children under 5 with developmental concerns)

Carshalton Family Hub

Young Parents Baby

Massage

2:00pm - 3:30pm

5 week course for babies birth-16 weeks; booking required

Parents need to be 25 years or younger

Carshalton Family Hub

Workshops

Introducing Solids: Step-by-step guide to starting your baby's weaning journey.

Starting Reception: Practical workshop to help prepare for reception.

Toilet Training: Practical workshop for tips and confidence.

Booking required please visit or scan QR code:
<https://sutton.events.mylibrary.digital/>



Sutton
Health & Care

SATURDAY

Male Carers Stay & Play

10:30am - 12:00pm

0-12 years

2nd Saturday of the month

Carshalton Family Hub

TOGETHERNESS

Your free online learning. Big feelings, how the brain works, and relationship ideas for happier lives.

London Borough of Sutton gives families free access to Togetherness resources to support wellbeing. For parents, carers, grandparents, and young people.

USE THE
EXCLUSIVE
ACCESS CODE:

TREE



Carshalton Best Start Family Hub Autumn Programme 2026



LOCATION ADDRESSES

Carshalton Best Start Family Hub - Tweeddale, Tweeddale Road, Carshalton, SM5 1SQ Tel: 020 8770 5801 Email: carshaltonhub@sutton.gov.uk
Hackbridge Primary School (Hackbridge Corner Site) SM6 7AX
The Riverside Centre 113 Culvers Ave, Carshalton SM5 2FJ

BOOKING

Most of our sessions no longer require booking just come along! However, workshops still need to be booked in advance. These are clearly marked on the front of the programme. To book please visit or scan QR code: <https://sutton.events.mylibrary.digital/>



SESSIONS INFORMATION

Baby & Me: 5 week postnatal group for mums and babies. Meet other new parents and get support and advice in a relaxed and informal setting.

Baby & Us: 4 week postnatal group for couples. Connect with other new parents, share experiences, and get support in a relaxed setting.

Baby Massage: 5 week course, learn and practise baby massage skills. Massaging your baby can soothe and comfort them, promoting relaxation and sleep.

Bumps & Babies: A relaxed and fun session for you, your baby and expectant parents. Includes some singing which babies and bumps alike will love.

Circle of Security: 6 week parenting programme for parents with children under 5 (creche provided)

Elklan Let's Talk: 6 week course designed to help families learn simple, effective strategies to support children's speech, language, and communication development. The course provides practical tips that can be used in everyday interactions.

Early Years Parents/Carers group: Monthly drop in for parents/carers who would like to discuss concerns about their child's development.

Infant Feeding Coffee Group: Drop in for support with feeding your Baby. This group is run by the Infant feeding team who are able to provide support

Male Carers Stay & Play: Calling all male carers, dads, step dads, uncles, grandads. Come and join in with fun activities in a relaxed space.

Mini Explorers: Lots of fun activities. All activities will support your child's development in a safe and welcoming environment.

Mini Movers: A session full of interactive action songs to get you and your little one moving.

Parent/Carer Coffee Sessions: A warm welcome, a cup of tea/coffee and a chance to sit and chat to other parents/carers.

Peep Learning Together: 6 week course Fun activities to try in group and at home, tips of supporting your child's learning and development.

SENsational Stay & Play: This session is for children with SEND or emerging needs, offering a safe, supportive space to play, explore, build confidence and develop social skills at their own pace.

Stay & Play: Lots of fun activities for all children in a safe and welcoming environment.

Story, Music & Rhyme: Outdoor session, therefore will only run in dry weather. Please check Facebook or the library for updates.

Supporting infants with Big Emotions and Behaviours: 4 week course Evidence-based program offers practical tips and strategies to help you understand your child's big emotions and behaviours that are challenging. - Next course November 2026

ALSO AVAILABLE

Family support - (home visiting and 1-1 advice)
Parenting support - (1-1 and groups),
Healthy Start Vitamins (children's vitamin drops),
Sutton School Uniform Shop

FAMILY HUB CONNECTORS

Provide free information, advice and guidance on childcare, activities and support services in the London Borough of Sutton, for children and young people aged 0-19 (or 25 if the young person has additional needs) and their families.

Sutton Best Start Family Hub Autumn Programme 2026

Tuesday 1st September to Friday 23rd October



MONDAY

Mini Movers

10:00am - 11:00am

2-5 years

[Sutton Library Site](#)

Mini Explorers

10:00am - 11:30am

New walkers to

30 months

[Thomas Wall Site](#)

Stay & Play

10:00am - 11:30am

0-5 years

[Shanklin Community Centre](#)

ELKLAN - Let's Talk

1:30pm - 2:30pm

18 months - 5 years

6 week course

booking required

[Shanklin Community Centre](#)



TOGETHERNESS

Your free online learning. Big feelings, how the brain works, and relationship ideas for happier lives.

London Borough of Sutton gives families free access to Togetherness resources to support wellbeing. For parents, carers, grandparents, and young people.

TUESDAY

Baby & Me

10:00am - 11:30am

0-4 months

5 week course

booking required

[Sutton Library Site](#)

Peep - Learning Together

2:00pm - 3:00pm

2-5 years

6 weeks course

invite only

[Sutton Library Site](#)

Our sessions are very popular, and we may occasionally reach capacity. To ensure everyone's safety, we may need to limit the number of families in the hubs and, unfortunately, turn some families away.

WEDNESDAY

Drop-in Clinic

9:30am - 11:30am

babies under 7 months only

please note this weigh-in clinic is run by the health visiting team

[Thomas Wall Site](#)

Circle of Security

9:45am - 11:30am

0-5 years

Creche available

6 week parenting programme

booking required

[Sutton Library Site](#)

Dolphin Coffee Group

Women only

2:00pm - 4:00pm

please note this group is run by the Infant feeding team who are able to provide support

[Dolphin Centre](#)

THURSDAY

Stay & Play

10:00am - 11:30am

0-5 years

[Thomas Wall Site](#)

Bumps & Babies

2:00pm - 3:30pm

Bumps to pre-walkers

[Sutton Library Site](#)

Baby Massage

2:00pm - 3:30pm

Birth to 16 weeks

5 week course

booking required

[Thomas Wall Site](#)

FRIDAY

Story, Music & Rhyme

9:30am - 10:30am

0-5 years

Meet at the fountain

[Manor Park](#)

Dry weather only

Stay & Play

2:00pm - 3:30pm

0-5 years

[Thomas Wall Site](#)

Workshops

Introducing Solids: Step-by-step guide to starting your baby's weaning journey.

Starting Reception: Practical workshop to help prepare for reception.

Toilet Training: Practical workshop for tips and confidence.

Booking required please visit or scan QR code:
<https://sutton.events.mylibrary.digital/>



USE THE
EXCLUSIVE
ACCESS
CODE:

TREE



Sutton
Health & Care

Sutton Best Start Family Hub Autumn Programme 2026



LOCATION ADDRESSES

Thomas Wall Site 69 Western Road, Sutton, SM1 2TF

Tel: 020 8770 5875 Email: thomaswallcc@sutton.gov.uk

Sutton Library Site 1st Floor 1A Sutton Central Library, St Nicholas Way, Sutton, SM1 1EA Tel: 020 8770 5875

Shanklin Community Centre 25 Rookley Close, Sutton, SM2 6TT

Dolphin Centre 316 High Street, Sutton SM1 1PR

Manor Park Throwley Way, Sutton, Surrey, SM1 4AF

BOOKING

Most of our sessions no longer require booking—just come along! However, workshops still need to be booked in advance. These are clearly marked on the front of the programme. To book please visit or scan QR code: <https://sutton.events.mylibrary.digital/>



SESSIONS INFORMATION

Baby & Me: 5 week postnatal group for mums and babies. Meet other new parents and get support and advice in a relaxed and informal setting.

Baby & Us: 4 week postnatal group for couples. Connect with other new parents, share experiences, and get support in a relaxed setting.

Baby Massage: 5 week course, learn and practise baby massage skills. Massaging your baby can soothe and comfort them, promoting relaxation and sleep.

Bumps & Babies: A relaxed and fun session for you, your baby and expectant parents. Includes some singing which babies and bumps alike will love.

Circle of Security: 6 week parenting programme for parents with children under 5 (creche provided)

Elklan Let's Talk: 6 week course designed to help families learn simple, effective strategies to support children's speech, language, and communication development. The course provides practical tips that can be used in everyday interactions.

Early Years Parents/Carers group: Monthly drop in for parents/carers who would like to discuss concerns about their child's development.

Infant Feeding Coffee Group: Drop in for support with feeding your Baby. This group is run by the Infant feeding team who are able to provide support

Male Carers Stay & Play: Calling all male carers, dads, step dads, uncles, grandads. Come and join in with fun activities in a relaxed space.

Mini Explorers: Lots of fun activities. All activities will support your child's development in a safe and welcoming environment.

Mini Movers: A session full of interactive action songs to get you and your little one moving.

Parent/Carer Coffee Sessions: A warm welcome, a cup of tea/coffee and a chance to sit and chat to other parents/carers.

Peep Learning Together: 6 week course Fun activities to try in group and at home, tips of supporting your child's learning and development.

SENsational Stay & Play: This session is for children with SEND or emerging needs, offering a safe, supportive space to play, explore, build confidence and develop social skills at their own pace.

Stay & Play: Lots of fun activities for all children in a safe and welcoming environment.

Story, Music & Rhyme: Outdoor session, therefore will only run in dry weather. Please check Facebook or the library for updates.

Supporting infants with Big Emotions and Behaviours: 4 week course Evidence-based program offers practical tips and strategies to help you understand your child's big emotions and behaviours that are challenging. - Next course November 2026

ALSO AVAILABLE

Family support - (home visiting and 1-1 advice)

Parenting support - (1-1 and groups),

Healthy Start Vitamins (children's vitamin drops),

Sutton School Uniform Shop,

FAMILY HUB CONNECTORS

Provide free information, advice and guidance on childcare, activities and support services in the London Borough of Sutton, for children and young people aged 0-19 (or 25 if the young person has additional needs) and their families.

Cheam Best Start Family Hub Autumn Programme 2026

Tuesday 1st September to Friday 23rd October



MONDAY

Bumps & Babies

10:00am - 11:30am

Bumps to pre-walkers

Green Oak Site

Mini Explorers

2:00pm - 3:30pm

New walkers to
30 months

Green Oak Site

WORKSHOPS

Introducing Solids:

Step-by-step guide to
starting your
baby's weaning journey

Starting Reception:

Practical workshop to help prepare for reception.

Toilet Training:

Practical workshop for tips and confidence.

Booking required please visit or scan QR code:

<https://sutton.events.mylibrary.digital/>



TUESDAY

Mini Movers

9:30am - 10:30am

2-5 years

Worcester Park Library

Infant Feeding Coffee Group

1:30pm - 3:30pm

Newborn to pre-movers
please note this group is run by the
Infant feeding team who are able to
provide support

Green Oak Site

WEDNESDAY

No Sessions

Sutton Parenting Service

The Parenting Service
provides a safe space to
share and learn together,
to be honest about the
struggles in parenting
and to look at some
practical strategies to
support you and your
child.

How we can help

- Friendly advice and a listening ear
- Parenting courses and workshops
- Information about local services for families

Contact us:

parenting@sutton.gov.uk



THURSDAY

Story, Music & Rhyme

9:30am - 10:30am

0-5 years

Meet at the Cheam Park
Cafe

Cheam Park

Dry weather only

Stay and Play

2:00pm - 3:30pm

0-5 years

Green Oak Site

FRIDAY

Baby Massage

10:00am - 11:30am

Birth to 16 weeks

5 week course
booking required

Cheam Library

Bumps & Babies

2:00pm - 3:30pm

Bumps to pre-walkers

Green Oak Site

Our sessions are very popular, and we may occasionally reach capacity. To ensure everyone's safety, we may need to limit the number of families in the hubs and, unfortunately, turn some families away.



TOGETHERNESS



Your free online learning. Big feelings, how the brain works, and relationship ideas for happier lives. London Borough of Sutton gives families free access to Togetherness resources to support wellbeing. For parents, carers, grandparents, and young people.

**USE THE
EXCLUSIVE
ACCESS
CODE:**

TREE



Cheam Best Start Family Hub Autumn Programme 2026



LOCATION ADDRESSES

Green Oak Site 671 London Road, Cheam, SM3 9DL

Tel: 020 8770 5787 Email: greenoakcc@sutton.gov.uk

Cheam Library Church Rd, Cheam, SM3 8QH

Cheam Park & Recreation Ground Tudor Close, Cheam, SM3 8QS

Worcester Park Library Stone Place, Windsor Road, Worcester Park, KT4 8ES

BOOKING

Most of our sessions no longer require booking—just come along! However, workshops still need to be booked in advance. These are clearly marked on the front of the programme. To book please visit or scan QR code: <https://sutton.events.mylibrary.digital/>



SESSIONS INFORMATION

Baby & Me: 5 week postnatal group for mums and babies. Meet other new parents and get support and advice in a relaxed and informal setting.

Baby & Us: 4 week postnatal group for couples. Connect with other new parents, share experiences, and get support in a relaxed setting.

Baby Massage: 5 week course, learn and practise baby massage skills. Massaging your baby can soothe and comfort them, promoting relaxation and sleep.

Bumps & Babies: A relaxed and fun session for you, your baby and expectant parents. Includes some singing which babies and bumps alike will love.

Circle of Security: 6 week parenting programme for parents with children under 5 (creche provided)

Elklan Let's Talk: 6 week course designed to help families learn simple, effective strategies to support children's speech, language, and communication development. The course provides practical tips that can be used in everyday interactions.

Early Years Parents/Carers group: Monthly drop in for parents/carers who would like to discuss concerns about their child's development.

Infant Feeding Coffee Group: Drop in for support with feeding your Baby. This group is run by the Infant feeding team who are able to provide support

Male Carers Stay & Play: Calling all male carers, dads, step dads, uncles, grandads. Come and join in with fun activities in a relaxed space.

Mini Explorers: Lots of fun activities. All activities will support your child's development in a safe and welcoming environment.

Mini Movers: A session full of interactive action songs to get you and your little one moving.

Parent/Carer Coffee Sessions: A warm welcome, a cup of tea/coffee and a chance to sit and chat to other parents/carers.

Peep Learning Together: 6 week course Fun activities to try in group and at home, tips of supporting your child's learning and development.

SENsational Stay & Play: This session is for children with SEND or emerging needs, offering a safe, supportive space to play, explore, build confidence and develop social skills at their own pace.

Stay & Play: Lots of fun activities for all children in a safe and welcoming environment.

Story, Music & Rhyme: Outdoor session, therefore will only run in dry weather. Please check Facebook or the library for updates.

Supporting infants with Big Emotions and Behaviours: 4 week course Evidence-based program offers practical tips and strategies to help you understand your child's big emotions and behaviours that are challenging. - Next course November 2026

ALSO AVAILABLE

Family support - (home visiting and 1-1 advice)

Parenting support - (1-1 and groups),

Healthy Start Vitamins (children's vitamin drops),

Sutton School Uniform Shop,

FAMILY HUB CONNECTORS

Provide free information, advice and guidance on childcare, activities and support services in the London Borough of Sutton, for children and young people aged 0-19 (or 25 if the young person has additional needs) and their families.

Wallington Best Start Family Hub Autumn Programme 2026

Tuesday 1st September to Friday 23rd October



MONDAY

Stay & Play

10:00am - 11:30am

0-5 years

The Grange

Stay & Play

2:00pm - 3:30pm

0-5 years

Brabazon Avenue Site

Our sessions are very popular, and we may occasionally reach capacity. To ensure everyone's safety, we may need to limit the number of families in the hubs and, unfortunately, turn some families away.

TUESDAY

Mini Explorers

9:30am - 11:00am

New walkers to 30 months

Stanley Park Site

Story, Music & Rhyme

9:30am - 10:30am

0-5 years

Meet inside Mellow Pavilion Cafe

Mellows Park

Dry weather only

SENsational Stay & Play

2:00pm - 3:30pm

0-5 years

This session is for children with SEND or emerging needs, offering a safe, supportive space to play, explore, build confidence and develop social skills at their own pace.

Brabazon Avenue Site

WEDNESDAY

Baby & Me

10:00am - 11:30am

0-4 months

5 week course

booking required

Phoenix Centre Site

THURSDAY

Bumps & Babies

10:00am - 11:30am

Bumps to pre- walkers

Phoenix Centre Site

Baby Massage

10:00am - 11:30am

Birth to 16 weeks

5 week course

booking required

Stanley Park Site

WORKSHOPS

Introducing Solids:

Step-by-step guide to starting your baby's weaning journey

Starting Reception:

Practical workshop to help prepare for reception.

Toilet Training:

Practical workshop for tips and confidence.

Booking required please visit or scan QR code:

<https://sutton.events.mylibrary.digital/>



Sutton
Health & Care

FRIDAY

Infant Feeding Coffee Group

10:00am - 12:00pm

Newborn to pre-movers

No booking needed

Phoenix Centre Site

Mini Explorer

10:00am - 11:30am

New walkers to 30 months

Brabazon Avenue Site

Stay & Play

10:00am - 11:30am

0-5 years

Term time only

The Grange

Drop-in Clinic

11:30am - 1:30pm

babies under 7 months only

please note this weigh-in clinic is run by the health visiting team

Phoenix Centre Site

TOGETHERNESS

Your free online learning. Big feelings, how the brain works, and relationship ideas for happier lives.

London Borough of Sutton gives families free access to Togetherness resources to support wellbeing. For parents, carers, grandparents, and young people.

USE THE
EXCLUSIVE
ACCESS
CODE:
TREE



Wallington Summer Programme 2026

LOCATION ADDRESSES

Brabazon Avenue Site Brabazon Ave, Wallington, SM6 9ET

Tel: 020 8770 5910 Email: wallingtonhub@sutton.gov.uk

Stanley Park Site Stanley Park Road, Carshalton, SM5 3JL

Phoenix Centre Site Phoenix Leisure Centre Mollison Drive, Wallington, SM6 9NZ

The Grange Play Centre Beddington Park, London road, Wallington SM6 7DJ

Mellow Park Stafford Road, Wallington SM6 9BU

BOOKING

Most of our sessions no longer require booking—just come along! However, workshops still need to be booked in advance. These are clearly marked on the front of the programme. To book please visit or scan QR code: <https://sutton.events.mylibrary.digital/>



SESSIONS INFORMATION

Baby & Me: 5 week postnatal group for mums and babies. Meet other new parents and get support and advice in a relaxed and informal setting.

Baby & Us: 4 week postnatal group for couples. Connect with other new parents, share experiences, and get support in a relaxed setting.

Baby Massage: 5 week course, learn and practise baby massage skills. Massaging your baby can soothe and comfort them, promoting relaxation and sleep.

Bumps & Babies: A relaxed and fun session for you, your baby and expectant parents. Includes some singing which babies and bumps alike will love.

Circle of Security: 6 week parenting programme for parents with children under 5 (creche provided)

Elklan Let's Talk: 6 week course designed to help families learn simple, effective strategies to support children's speech, language, and communication development. The course provides practical tips that can be used in everyday interactions.

Early Years Parents/Carers group: Monthly drop in for parents/carers who would like to discuss concerns about their child's development.

Infant Feeding Coffee Group: Drop in for support with feeding your Baby. This group is run by the Infant feeding team who are able to provide support

Male Carers Stay & Play: Calling all male carers, dads, step dads, uncles, grandads. Come and join in with fun activities in a relaxed space.

Mini Explorers: Lots of fun activities. All activities will support your child's development in a safe and welcoming environment.

Mini Movers: A session full of interactive action songs to get you and your little one moving.

Parent/Carer Coffee Sessions: A warm welcome, a cup of tea/coffee and a chance to sit and chat to other parents/carers.

Peep Learning Together: 6 week course Fun activities to try in group and at home, tips of supporting your child's learning and development.

SENsational Stay & Play: This session is for children with SEND or emerging needs, offering a safe, supportive space to play, explore, build confidence and develop social skills at their own pace.

Stay & Play: Lots of fun activities for all children in a safe and welcoming environment.

Story, Music & Rhyme: Outdoor session, therefore will only run in dry weather. Please check Facebook or the library for updates.

Supporting infants with Big Emotions and Behaviours: 4 week course Evidence-based program offers practical tips and strategies to help you understand your child's big emotions and behaviours that are challenging. - Next course November 2026

ALSO AVAILABLE

Family support - (home visiting and 1-1 advice)

Parenting support - (1-1 and groups),

Healthy Start Vitamins (children's vitamin drops),

Sutton School Uniform Shop

FAMILY HUB CONNECTORS

Provide free information, advice and guidance on childcare, activities and support services in the London Borough of Sutton, for children and young people aged 0-19 (or 25 if the young person has additional needs) and their families.