



## LETTER TO PARENTS & CONDITIONS

### Bikeability Level 1 and Level 2 - 2026-27



**Dear Parent or Carer,**

Great news! Your child has been offered the opportunity to take part in Bikeability cycle training organised at:

**School: High View**  
**Date: w/c 5th & 12th Oct 2026**

This course is only suitable for **Year 5 and 6** children who can ride a cycle, independently with reasonable control skills; and also have a cycle for the training.



High View  
Primary-Wallington

We need your consent for your child to participate in Bikeability cycle training. Please complete the online consent form here:

<https://consent.bikeability.org.uk/wry-hot-chief> or scan the **QR code**.

Please **read the important course information and conditions within this letter** and complete the online consent form as soon as possible. We can only let your child(ren) take part in our Bikeability courses with a fully completed consent form. If you have any questions, please contact your child's school in the first instance or Kingston and Sutton Shared Service on [cycling@kingston.gov.uk](mailto:cycling@kingston.gov.uk) or call 020 8547 5826.

Yours sincerely,

Eric Chasseray

**Sustainable Transport Officer, Cycle Training**



# Bikeability Level 1 & Level 2 Course

## Course information and conditions



### What is Bikeability?

Bikeability is the government's national cycle training programme that teaches children practical cycle skills and how to cycle safely and confidently on roads. Cycle training is taught by friendly, qualified Bikeability instructors.

The programme includes Level 1, where children practice their control skills in a traffic-free environment and Level 2 where they learn cycling techniques and road safety on quiet roads. All participants will receive a Bikeability certificate, badge and personalised feedback. Find out more: <https://www.bikeability.org.uk>

### The Course

Each course consists of three 2-hour sessions. To successfully complete the Bikeability course all three sessions must be attended by your child.

**Session One:** Preparing myself for cycling. Conducting a simple bike and equipment check. Practicing control skills on the playground

**Session Two:** On road session introducing road positioning to make simple journeys and how to communicate with other road users. Junction turns and the road signs and markings. This session includes two instructors and up to six children

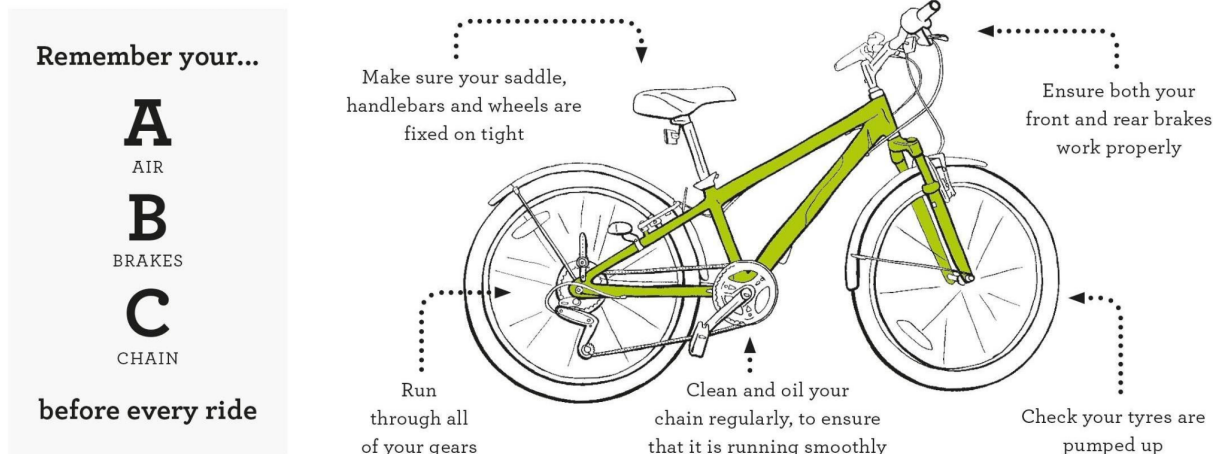
**Session Three:** Road session to improve confidence making independent journeys and sharing the road with others.. Depending on confidence and skill, children take turns to lead a smaller group of up to three riders with the support of one instructor.

### Before the course

**You must provide a cycle.** It needs to be in roadworthy condition.

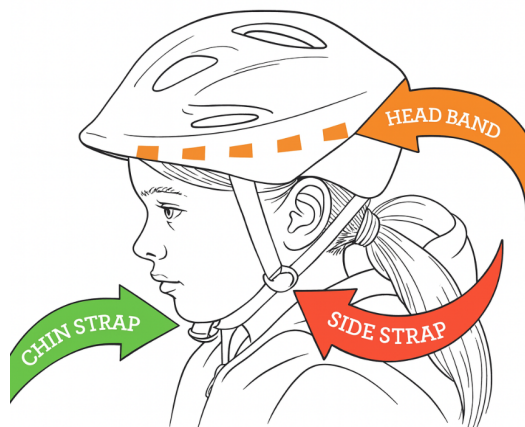
- **AIR** – Have your tyres got enough air?
- **BRAKES** – Do the front and back brakes work properly?
- **CHAIN** – Have you oiled it recently?
- **DIRECTION** – Are your handlebars fixed on tight? Is your seat tight and pointing forward?
- If you can answer yes to the ABCDs you are good to go!

### Pre-course bike safety check



**You must provide an approved cycling helmet** and ensure that the helmet fits correctly:

- Match your child's head size to the size of the helmet.
- Your helmet should sit on top of your head, not too tight or too loose, with the peak sitting about two fingers width above your eyebrows.
- The side adjusters should sit below your ears and form a nice V on the side of your head. The chin strap should allow for two fingers to fit between it and your chin.



### Other Equipment

Be **appropriately dressed** - We train regardless of rain or sunshine, so be sure to check the weather. Sports kit is perfect for bikeability. Your child sports kit is perfect for Bikeability.



We recommend:

**Shoes with good grips**



**A warm jacket and gloves in cold weather**



**Sunscreen** if it is hot and sunny



**A water bottle**



**Waterproof coat** if it is raining





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### **Bikeability Data Sharing Agreement**

The Bikeability Data Sharing Agreement applies to parents/carers of a child participating in Bikeability training when they sign up to a Bikeability programme. Bikeability is a national programme regulated by the Bikeability Trust.

Children who are offered a place on the Bikeability programme must have written consent from the parent/carer in place before attending their first training session. The consent form will provide your child's name, year group, gender, ethnicity, SEND, medical conditions and pupil premium. The consent form is shared with your child's school, The Royal Borough of Kingston (RBK) as the training provider and instructors associated with delivering the training and the Bikeability Trust. The Bikeability Trust may also process your child's personal data where they have a legal or professional obligation or a legitimate interest.

RBK and associated instructors will use consent data to ensure that any special requirements are considered and implemented in order for your child to participate in Bikeability training.

This information will also be used to record your child's progress and provide a rider report on your child's training outcomes, sent upon completion of the training to the parent/carer.

RBK may use your data solely for the purpose of seeking feedback and offering follow up Bikeability training.

The Bikeability Trust may use this data in an aggregated and anonymised format only, in order to provide monitoring and reporting data to Active Travel England.

**See also the general privacy Notices and data protection policies for RBK and the Bikeability Trust:**

[Royal Borough of Kingston Privacy Policy](#)

[Royal Borough of Kingston GDPR and Data Sharing Policy](#)

### **How do I make a comment, suggestion or complaint about Bikeability?**

We welcome all feedback. If your comments are in relation to training that is about to take place or has already taken place, please contact the RBK Bikeability Provider:

[sustainable.transport@kingston.gov.uk](mailto:sustainable.transport@kingston.gov.uk). Alternatively, you can visit [www.kingston.gov.uk/feedback](http://www.kingston.gov.uk/feedback) to see the policies in place to advise you on the best way to make your comments.

If you have a suggestion about Bikeability in general that does not relate to a specific incident, please send your feedback to the Bikeability Trust on [contactus@bikeability.org.uk](mailto:contactus@bikeability.org.uk).



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'Read this information in your chosen language on

<http://www.kingston.gov.uk/bikeability>

Use the translation tool at the bottom of the page to select your language.'

**Bengali** আপনার পছন্দের ভাষায় এই তথ্যটি পড়তে ভিজিট করুন:

<http://www.kingston.gov.uk/bikeability>। আপনার ভাষা বেছে নিতে পেজের নিচের অংশে থাকা অনুবাদ টুলটি (translation tool) ব্যবহার করুন।

**Chinese (Simplified)** 请访问 <http://www.kingston.gov.uk/bikeability> 以您选择 vertical 的语言阅读此信息。请使用页面底部的翻译工具选择您的语言。

**Gujarati** તમારી પસંદ કરેલી ભાષામાં આ માહિતી વાંચવા માટે

<http://www.kingston.gov.uk/bikeability> પર જાઓ. તમારી ભાષા પસંદ કરવા માટે પેજની નીચે આપેલા અનુવાદ સાધન (translation tool) નો ઉપયોગ કરો.

**French** Lisez ces informations dans la langue de votre choix sur

<http://www.kingston.gov.uk/bikeability> Utilisez l'outil de traduction au bas de la page pour sélectionner votre langue.

**Hindi** अपनी चुनी हुई भाषा में यह जानकारी <http://www.kingston.gov.uk/bikeability> पर पढ़ें। अपनी भाषा चुनने के लिए पेज के नीचे दिए गए अनुवाद टूल (translation tool) का उपयोग करें।

**Japanese** ご希望の言語でこの情報を読むには、

<http://www.kingston.gov.uk/bikeability> にアクセスしてください。ページ下部にある翻訳ツールを使用して、言語を選択してください。

**Korean** 원하시는 언어로 이 정보를 보시려면

<http://www.kingston.gov.uk/bikeability> 를 방문해 주십시오. 페이지 하단에 있는 번역 도구를 사용하여 언어를 선택하실 수 있습니다.

**Punjabi (Shahmukhi)** اپنی پسند دی زبان وچ ایہہ معلومات پڑھن لئی

<http://www.kingston.gov.uk/bikeability> اُتے جاؤ۔ اپنی زبان چننے لئی صفحے دے تھلے دتے گئے ترجمہ ٹول دا استعمال کرو۔

**Punjabi (Gurmukhi)** अपनी चुनी हुई भाषा में यह जानकारी

<http://www.kingston.gov.uk/bikeability> 'ਤੇ ਪੜ੍ਹੋ। ਆਪਣੀ ਭਾਸ਼ਾ ਚੁਣਨ ਲਈ ਪੇਜ ਦੇ ਹੇਠਾਂ ਦਿੱਤੇ ਅਨੁਵਾਦ ਟੂਲ (translation tool) ਦੀ ਵਰਤੋਂ ਕਰੋ।



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**Tamil** உங்களுக்கு விருப்பமான மொழியில் இந்தத் தகவலைப் படிக்க <http://www.kingston.gov.uk/bikeability> என்ற இணையதளத்திற்குச் செல்லவும். உங்கள் மொழியைத் தேர்ந்தெடுக்கப் பக்கத்தின் கீழே உள்ள மொழிபெயர்ப்பு கருவியைப் (translation tool) பயன்படுத்தவும்.

Information is also  
available in **LARGE PRINT**

[kingston.gov.uk/bikeability](http://kingston.gov.uk/bikeability)  
[cycling@kingston.gov.uk](mailto:cycling@kingston.gov.uk)



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### Translate

English ▼

Go

We cannot guarantee the accuracy of automated translations.