

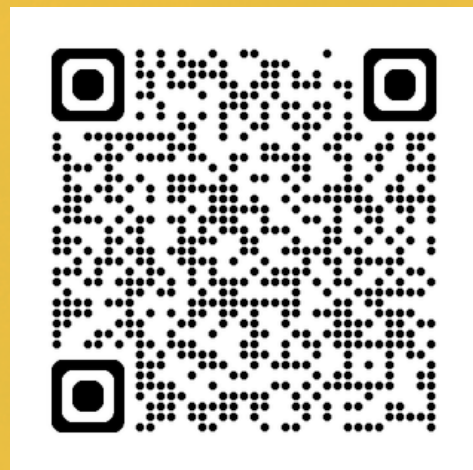
Education
Wellbeing
Service

Parent/Carer Webinars

Primary Autumn Term Schedule

Scan the QR code to sign up to any of these
free local NHS webinars for Primary parents & carers

We also provide free 1:1 early support
for parents/carers of primary aged
children to support their child's
common worries and anxieties, and to
support children's everyday
challenging behaviours.
Speak to your school to find out more.



**Through the school gates,
overcoming daily challenges
getting into school**

5TH OCT 7.30PM-8.30PM

9TH OCT 1.00PM-2.00PM

10TH NOV 12.30PM-1.30PM

10TH NOV 7.00PM-8.00PM

**Understanding and
supporting your child's
sleep**

**Supporting big emotions at
home and school - the
zones of regulation**

2ND DEC 12.30PM-1.30PM

2ND DEC 7.30PM-8.30PM