

WEEKLY MENU

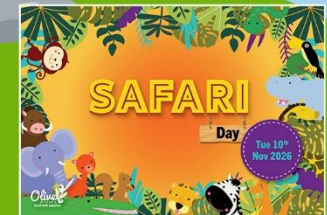
WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Veggie Supreme Pizza (MK, G/W)	Beef Burger (SE*, SO, SU, G/W)	Lightly Spiced Chicken	Chicken Curry (CE)	Captain's Crispy Fish Fingers or Salmon Fishcake & Chips (F, G/W)
VEGGIE	Margherita Pizza (MK, G/W)	Veggie Burger (SE*, G/W)	Lightly Spiced 'Plant Based' Chickn	Veggie Curry (CE, G/B*, O*, R*, W*)	Veggie Kebab with Pitta & Chips (G/W)
SIDES	Chef's Salad & Garlic Bread (MK*, SO*, G/W)	Homemade Potato Wedges & Salad	Paprika Diced Potatoes & Sweetcorn	Steamed Rice & Broccoli	Baked Beans or Peas
PASTA & JACKET	Italian Tomato Twirl Pasta (CE, MK, G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)	Mac & Cheese (MK, G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)	Tomato & Vegetable Pasta (CE, G/W)
PUD	Summer Fruit Cheesecake (E*, MK, SO*, G/B*, O*, R*, W)	Lemon & Courgette Cake with Vanilla Sauce (E, MK, SO*, SU, G/W)	Sticky Toffee Apple Crumble with Custard (MK, G/W)	Jam Sponge with Custard (E, MK, SO*, SU, G/W)	Cool School Ice Cream (MK)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT

THEME DAYS



DATES

31 AUG / 21 SEP
12 OCT / 09 NOV / 30 NOV

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG

WEEKLY MENU

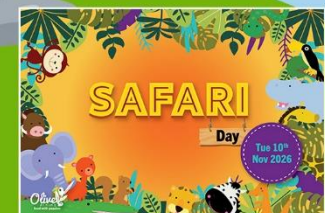
WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 	Vegetable & Lentil Bolognese with Pasta (G/B*, W) V S	Chicken Nuggets (CE, G/W)	Smokey BBQ Chicken	Sweet & Sour Chicken (CE)	Crispy Catch Fish & Chips (F, G/B*, W)
VEGGIE 	Veggie Meatball Pasta with Tomato & Basil Sauce (SO, G/B*, O*, R*, W) V S	Vegan Nuggets (G/W) V	Smokey BBQ Pulled Jackfruit V	Sweet & Sour Roasted Vegetables V S	Cheesy Mexican Veggie Burrito & Chips (MK, G/W)
SIDES 	Chef's Salad & Garlic Bread (MK*, SO*, G/W)	Homemade Potato Wedges & Seasonal Vegetables V S	Steamed Rice with Sweetcorn & Green Beans V S	Egg Fried Rice & Stir Fried Greens (E)	Baked Beans or Peas V
PASTA & JACKET 	Super Swirl Veggie Pasta (G/W) V S	Jacket Potato with a Choice of Fillings (E, F, MK)	Italian Tomato Twirl Pasta (CE, MK, G/W) S	Jacket Potato with a Choice of Fillings (E, F, MK)	Mac & Cheese (MK, G/W)
PUD 	Orange Syrup Sponge with Custard (E, MK, SO*, G/W)	Fruit Yoghurt (MK)	Lemon Drizzle Cake (E, MK, SO*, SU, G/W)	Vanilla Shortbread Biscuit (G/W) V	Homemade Chocolate Cookie (E, G/W)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT

THEME DAYS



DATES

07 SEP / 28 SEP
19 OCT / 16 NOV / 07 DEC

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WEEK 1
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WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Nut Free Pesto Pasta
(MK, G/W)

Hot Dog
(CE, SE*, SO*, SU, G/W)

Cowboy Beef Chilli
(CE)

Chicken Biryani

Captain's Crispy Fish
Fingers or Salmon
Fishcake & Chips
(F, G/W)

VEGGIE



Roasted Butternut Squash
Topped Mac & Cheese
(MK, G/W)

Veggie Hot Dog
(SE*, SO*, G/W)

Tex Mex Mild Veggie Chilli
(CE)

Vegetable Biryani
(CE, SU, G/B*, O*, R*, W*)

Veggie Bean Fajita
(G/B*, O*, R*, W)

SIDES



Chef's Salad & Garlic
Bread
(MK*, SO*, G/W)

Homemade Potato Wedges
& Seasonal Vegetables

Steamed Rice & Sweetcorn

Paprika Spiced Vegetables

Baked Beans or Peas

PASTA & JACKET



Super Swirl Veggie Pasta
(G/W)

Jacket Potato with a
Choice of Fillings
(E, F, MK)

Italian Tomato Twirl Pasta
(CE, MK, G/W)

Jacket Potato with a
Choice of Fillings
(E, F, MK)

Mac & Cheese
(MK, G/W)

PUD



Fruit Yoghurt
(MK)

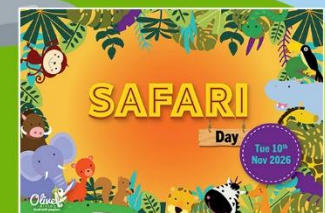
Chocolate Cake & Custard
(E, MK, SO*, G/W)

Oaty Crunch Cookie
(MK*, G/B*, O, W)

West Indian Fruit Cake
(E, MK, SO*, G/W)

Pineapple Upside Down
Cake & Custard
(E, MK, SO*, G/W)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



DATES

14 SEP / 05 OCT
02 NOV / 23 NOV / 14 DEC

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