

High View Primary School

Opportunities to Thrive



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Wednesday 10th June 2026

Year 6 Relationships and Sex Education

Dear Year 6 Parents and Carers,

Compulsory Relationships Education is taught as part of the PSHE (Personal, Social and Health Education) curriculum at High View. In addition to the statutory requirements of teaching puberty as part of our science curriculum, we will be delivering lessons on conception and pregnancy on **Friday 26th June 2026**.

It is important that in the transition phase before moving to secondary, we support pupils' ongoing emotional and physical development effectively. Our relationship and sex education programme is tailored to the age and the physical and emotional maturity of the pupils, covering topics in a clear and suitable manner including the use of animated video clips. Our teaching will ensure that both boys and girls are prepared for the changes that adolescence brings and builds on their knowledge of the human life cycle set out in the National Curriculum for science.

There will be the opportunity for children to ask anonymous questions in class, encouraging the children to use appropriate scientific language, which will then be answered by class teachers. We will establish ground rules within the class ensuring all children understand that all questions must be directed to a trusted adult and that this learning topic should not be discussed with younger children or any other child that does not attend the session. All children have the right to ask questions without fear of judgement and ridicule. Please see the separate FAQs sent to you for more information.

Given the ease of access to the internet, children whose questions go unanswered may turn to inappropriate sources of information, therefore we will answer all questions that children ask including those relating to sexual orientation. Questions will be answered by stating facts rather than opinions, being mindful of the Equality Act 2010 under which sexual orientation and gender reassignment are amongst the protected characteristics. You may want to follow this learning up at home.

Please take time to watch the short presentations linked below (*click the hyperlink*)

[Lesson 4 - Physical & Emotional Changes of Puberty](#) - The first video

[Lesson 5 - Conception](#) - The third video

[Lesson 6 - Pregnancy and Birth](#)

These explain the lesson structure and include the videos that we will be showing the children. If you have any questions or concerns, please email them to us (kingfishers@highview.school or woodpeckers@highview.school) so that we can address them.



You do have the right to withdraw your child from sex education, however we strongly discourage this. If you wish to withdraw your child, please email your child's class teacher (kingfishers@highview.school or woodpeckers@highview.school) by Thursday 25th June.

Yours faithfully

Mrs Linehan & Mrs Brajesh
Year 6 Teachers