



Parent/carer Coffee Information Sessions

For Sutton Families

January-December 2026



Would you like to meet with other parents/carers in a cosy, non-judgemental and welcoming environment?

Would you like to find out about services that are available in the London Borough of Sutton that may benefit you and your family?

Would you like to give your opinion about what you feel is needed in your local area?

Maybe you just want some advice on a matter and you don't know where to turn.

Do you require any parenting advice?

If your answer is 'yes' to any of the questions above, we are facilitating parent/carer coffee/information sessions in your local area.

The very least you will get from attending our coffee/information sessions, is a genuine and sincere warm welcome, a cup of tea/coffee and a chance to sit and chat to other parents/carers.

We can organise guest speakers who can offer you advice on a range of issues and we can signpost you to relevant services if required subject to your needs.

Parenting can be so rewarding. However, at times it can also bring its challenges and worries and this can make you feel isolated.

You don't need to make an appointment. Just turn up.

If you would like to find out more about the sessions, please contact **Clare Kennedy** Parenting Administrator via her email: clare.kennedy@sutton.gov.uk



Carshalton Family Hub and Children's Centre
(Previously known as Tweeddale Children's Centre)

Session times: 9.30am - 11.30am

Friday 23rd January

Friday 27th February

Friday 20th March

Friday 24th April

Friday 22nd May

Friday 19th June

Friday 17th July

Friday 18th September

Friday 16th October

Friday 20th November

Friday 11th December



Sutton Library Family Hub. Session times: 9.30am -11.30am

Friday 9th January

Friday 6th February

Friday 6th March

Friday 17th April

Friday 8th May

Friday 5th June

Friday 3rd July

Friday 4th September

Friday 2nd October

Friday 6th November

Friday 4th December



Phoenix Centre. Session times 9.30am - 11am

Wednesday 14th January

Wednesday 11th February

Wednesday 11th March

Wednesday 29th April

Wednesday 13th May

Wednesday 10th June

Wednesday 8th July

Wednesday 9th September

Wednesday 7th October

Wednesday 11th November

Wednesday 16th December



Parent Coffee/Information Sessions

Evening Group 6pm-8pm

Venue: The Quad. Green Wrythe Lane, Carshalton SM5 1JW

Monday 26th January

Monday 23rd February

Monday 16th March

Monday 27th April

Monday 18th May

Monday 22nd June

Monday 13th July

Monday 21st September

Monday 19th October

Monday 23rd November

Monday 14th December

Chill, Chat and Connect Men's Evening Group



Aimed at fathers, stepfathers, foster dads, grandfathers and other significant male carers.

Fathers/male carers matter and they have a huge and significant impact on the lives of their children.

The monthly sessions are a chance for men to meet together to chill, chat and connect. It's a chance to share experiences and the challenges/positives of family life.

This is a safe, supportive, relaxed and non-judgemental space.

This group is led by male parent volunteers who are fathers themselves, with support of the parenting coordinator, Theresa Cameron.

Support and advice is available as required.

Light refreshments available.

Where:

The Quad, Green Wrythe Lane, Carshalton SM5 1JW

Group dates and times: 6pm - 8pm

Monday 12th January

Monday 2nd February

Monday 2nd March

Monday 13th April

Monday 11th May

Monday 8th June

Monday 6th July

Monday 3rd August

Monday 7th September

Monday 5th October

Monday 9th November

Monday 7th December

Chat, Chill and Connect, Men's Group (Daytime Group)



Where:

Carshalton Family Hub and Children's Centre (previously known as Tweeddale Children's Centre)

Session Times: 12.30 - 2.30pm

Friday 9th January

Friday 23rd January

Friday 13th February

Friday 27th February

Friday 6th March

Friday 27th March

Friday 17th April

Friday 8th May

Friday 22nd May

Friday 5th June

Friday 19th June

Friday 3rd July

Friday 17th July

Friday 4th September

Friday 25th September

Friday 2nd October

Friday 23rd October

Friday 6th November

Friday 20th November

Friday 4th December

Friday 18th December

Useful Information

Addresses of Venues:

Sutton Library Family Hub, Sutton Central Library, St Nicholas Way, Sutton SM1 1EA

Carshalton Family Hub and Children's Centre, Tweeddale Road, Carshalton SM5 1SQ

Phoenix Centre, Mollison Drive , Wallington SM6 9NZ

Family Hub Connectors Contact Details:

Maja Nielsen Family Hub Connector for Central Sutton. Mob: 07821 637 721

Sharon Hackett Family Hub Connector for Carshalton. Mob: 07783 656 916

Natasha Barratt-Walters Family Hub Connector for Wallington. Mob: 07720 167 409

Sonia Gooden Family Hub Connector for Cheam and South Sutton. Mob: 07729 080069

Parenting Service Contact Details:

Theresa Cameron Parenting Coordinator: Mob 07736 33 8924

Clare Kennedy Parenting Administrator: Working hours: Monday-Tuesday 9-5pm, Wednesday 9am.1pm.

Telephone:020 8770 5801. Mobile: 07873 702 777

Keeley Carter. Parenting Support Worker: Mob: 07761875887

Nyssa Smyth Parenting Support Worker : Mob: 07352 743152