

# High View Primary School

## Opportunities to Thrive



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5<sup>th</sup> December 2025

Dear Parent/carers,

### Re: Extension and SEMH Provision

We are very pleased to announce that our extension is now finished and ready for the grand opening in January. This building was funded by the local authority and will house provision for our social, emotional and mental health support (SEMH). It is to be officially named 'The NEST' (Nurture and Emotional Support Team).

We bid for funding as SEMH is one of the highest areas of need on our SEN register and we have many other children who benefit from our SEMH provision, which includes:

- Sensory circuits
- Nurture groups
- ELSA
- Lunchtime Nurture club
- Young Carers

Last year, over 150 children used aspects of this provision, which is approximately one third of our school population.

In order set up our new provision fully, we have put together an Amazon wishlist to give you the opportunity to help us to purchase items that will support the work we are doing. Should you wish to purchase an item on the list, please click this link: [High View Amazon Wishlist](#). We are continually grateful for parental support in helping us achieve our goals.

If you would like to know more about each of these provisions, please see the information below.

### Sensory Circuits

Sensory Circuits use sensory-based movement activities which prepare children and young people for the day's learning and help them to achieve the 'just right' level of alertness they need to concentrate. Behavioural clues such as fidgeting, poor concentration, excessive physical contact or lethargy can indicate that a child is finding it difficult to connect with the learning process. This provision is led by our ELSA team and carefully designed to set children up for the start of the day.

### ELSA

ELSA is an acronym for Emotional Literacy Support Assistant, a trained teaching assistant who helps children with their social and emotional needs in school. They work with children individually or in small groups to develop skills like understanding and managing emotions, social skills, and self-

esteem. The support is designed to be short-term, with an ELSA providing a safe and confidential space for children to address issues such as friendships, anxiety, or anger management.

### **Nurture Groups**

A Nurture group is a small, specialised group for children with social, emotional, or behavioural difficulties that impact their learning. These groups provide a supportive, structured environment with two trained staff members to help children develop confidence, social skills, and emotional literacy, which in turn removes barriers to learning. Children typically attend for a set period of time and our Nurture groups are carefully planned based on the needs of the children.

### **Young Carers**

Our Young Carers group provides a safe and confidential space for peer support groups, overseen by a member of staff, allowing young carers in the school to provide emotional support to each other regarding their caring role.

Participation in all of these provisions is by teacher recommendation and through conversations with parents. We currently have waiting lists, although we aim to keep them as short as possible. Should you have any queries, please do not hesitate to speak to your child's class teacher.

Yours faithfully,

A handwritten signature in black ink, appearing to read 'H Kirby', written in a cursive style.

Helen Kirby

Inclusion Leader